



Precautions Regarding Gastroscopy Preparation and Medication Use

1. Seven Days Before the Exam:

- Discontinue use of Western and Chinese medicine (e.g., fish oil, ginkgo, red yeast, ginseng, health products containing lingzhi mushrooms).
- If you are taking antiplatelet agents, anticoagulants, or anti-inflammatory pain medications that may affect blood clotting, please follow the recommended discontinuation period (see the next page for details). If these medications are not discontinued as advised, biopsy or polyp removal cannot be performed on the day of the examination to prevent the risk of bleeding.
- Should you be taking GLP-1 receptor agonists (commonly referred to as “weight-loss injections” or medications for blood glucose and weight control), either in injectable or oral form, please withhold one dose prior to your health examination.

2. One Day Before the Exam:

- Refrain from eating or drinking 8 hours before the exam .

3. Exam Day:

- After 5:00am, do not drink any fluids or consume any food. Do not take any medication that lowers blood sugar or prevents blood from clotting. If you need to take medication for a chronic condition, please do so and drink less than 50cc of plain water.
- Should you experience symptoms of hypoglycemia, such as cold sweating, due to prolonged fasting, please take a sugar cube or some granulated sugar orally, and inform the medical staff upon arrival for your examination.

- If you are taking antiplatelet agents, anticoagulants, or anti-inflammatory pain medications that may affect blood clotting, please follow the recommended discontinuation period as shown in the table below.**

Medication	Stopping Meds (days)	Medication	Stopping Meds (days)
Ticlopidine (Licodine/Panaldine)	10 days before the exam	Apixaban (Eliquis)	2 days before the exam
Aspirin(Tapal/Bokey)	7 days before the exam	Dabigatran (Pradaxa)	
Clopidogrel (Plavix)		Endoxaben (Lixian)	
Prasugrel (Effient)	5 days before the exam	Rivaroxaben (Xarelto)	
Warfarin (Coumadin)		Cilostazol(Pletaal/Citazol)	
Naproxen	4 days before the exam	Ibuprofen/Diclofenac/Ketoprofen/ketorolac	1 days before the exam
Ticagrelor (Brilinta)	3 days before the exam		
Dipyridamole (Persantin /Sandel)			



Medication	Stopping Meds (days)	Medication	Stopping Meds (days)
● Method for Calculating Days to Stop Taking Meds: Exam day (8/29): Stop taking meds 7 days prior = meds are stopped on 8/22 Exam day (8/29): Stop taking meds 5 days prior = meds are stopped on 8/24 ● If you have any questions about stopping medications, please call (02)2897-0011 ext. 3225, 3226, 3227, or 3228			

- **Reminder: If you are having a biopsy or polyp removal on the day of the exam, it is recommended that you avoid long-distance travel or flying for one week.**